

For Immediate Release:

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Charleston, Illinois: As a community bank, Peoples Bank & Trust recognizes the value of volunteerism in our communities. To recognize, commend and promote volunteerism, Peoples Bank & Trust has established a program to recognize outstanding community volunteers who personally exhibit outstanding volunteerism and promote the improvement of our communities.

Marsha Blair of Ashmore has been chosen as Peoples Bank & Trust's Volunteer of the Quarter. Marsha served as a Board Member for Coles County Habitat for Humanity for nine years (2002-2011). For the past 14 years she has served as a Committee Member for Coles County Habitat for Humanity.

A retired nurse from Sarah Bush Lincoln Health System, Marsha enjoys speaking to groups about stress reduction techniques and healthy lifestyles, and provides pro bono health coaching and biofeedback services as a part of her private practice. She has donated biofeedback sessions for fundraising auctions at many charitable events. She offers support and assistance to the sick and elderly in the community. Marsha and her husband, Bob, have hosted charity trail rides for various causes as well. For several years when she and Bob operated Blair Tree Farm, they donated trees and wreaths to needy families and for charity auctions. They also provided tours of the tree farm to school groups.

Peoples Bank and Trust is honoring Marsha with a donation to Coles County Habitat for Humanity and has placed her name on a plaque which is displayed in the bank's lobby. Marsha is the twenty-fifth volunteer recognized by Peoples Bank and Trust.

Peoples Bank & Trust is an independent Community Bank with ten offices located in Pana, Taylorville, Altamont, Charleston, Tower Hill, Springfield, Morrisonville, Palmyra, Waverly and White Hall. Peoples Bank & Trust is a full-service bank offering outstanding customer service to consumers, small businesses and farmers in Central Illinois. People First Bancshares, Inc., with corporate offices in Pana, Illinois, is the holding company for Peoples Bank & Trust.