

For Immediate Release:

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Altamont, Illinois: As a community bank, Peoples Bank & Trust recognizes the value of volunteerism in our communities. To recognize, commend and promote the volunteerism, Peoples Bank & Trust has established a program to recognize outstanding community members for their volunteer efforts of improvement to our community.

Peoples Bank & Trust has selected Lois Frost as our 4<sup>th</sup> qtr. 2023 Volunteer of the Quarter for her various volunteer services in the community.

Lois is a member and past President of the Altamont Garden Club. She is always ready to help wherever needed with the many Garden Club projects. Lois also helps with several of the activities at the Wright House, giving tours and helping with necessary upkeep issues during the year. She is involved with Guest Care at The Christ Church in Effingham, greeting and helping serve refreshments before and after services every Sunday. Two days a week, Lois helps with reading for students in Grade 1 and 2 at the Altamont Grade School. She is very generous at sharing her cooking and baking talents with shut-ins, sick, family and businesses on a weekly basis. During the summer, you can find Lois at the Effingham County Fair helping in the Exhibition Hall where the local residents enter all types of projects.

Peoples Bank & Trust will be honoring Lois with a monetary donation to Altamont Garden Club. Lois's name will also be placed on a plaque to be displayed at the bank.

Peoples Bank & Trust is an independent Community Bank with ten offices located in Pana, Taylorville, Altamont, Tower Hill, Charleston, Springfield, Morrisonville, Palmyra, Waverly and White Hall. Peoples is a full service bank offering outstanding customer service to consumers, small business, and farmers in Central Illinois. People First Bancshares, Inc., with corporate offices in Pana, Illinois, is the holding company for Peoples Bank & Trust.